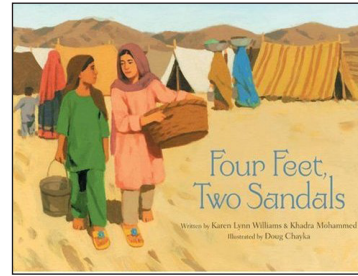




A TEACHER'S GUIDE FOR FOUR FEET, TWO SANDALS

This teacher's guide is designed to assist you in creating talking points and ideas for classroom activities in conjunction with school visits.



FOUR FEET, TWO SANDALS

by Karen Lynn Williams

THEMES IN THIS BOOK

- Friendship

What is friendship? How can you be a true friend? Sometimes being a friend means having to give up something that is important to you. How do Lina and Feroza show their friendship for each other?

- Sharing

Think of a time when someone shared something special with you. What do you have that you can share with others? What are ways you can share with others. Sharing does not always mean sharing a "thing." We can share music, time to take a walk or to talk. We can share ideas and stories and problems. Lina and Feroza share their sandals. What else do they share with each other?

- Refugees

People who flee their country and home because of fear of persecution are called refugees. The majority of refugees world-wide are children. What are some of the reasons that someone becomes a refugee? Can you give examples of why someone might become a refugee? Do you have refugee students in your school? Or in your town? Do you know where they come from? How can you help to make them feel welcome in their new home? What can you share with the refugees in your community?

Teachers and student should refrain from referring to refugees as refugees. It should be used in the same manner as "immigrant;" you call them by name, not by status. This is to be sensitive to the feelings of refugee children so that they feel less like outsiders.

- Loss

Lina and Feroza like all refugees have had to face many losses, loss of home and country and family members. What losses have you had in your life? How do you learn to live with loss? What can you do to help others who have lost something or someone important to them?



White bag refugees carry with them.



The shoes that inspired the story.



A TEACHER'S GUIDE FOR FOUR FEET, TWO SANDALS continued

THEMES IN THIS BOOK continued

- Separation

In the end of the book, Lina and Feroza are separated. Have you ever had to be separated from someone who is important to you? How did that feel? Do you think Lina and Feroza will see each other again? Do you think they have hope? How does hope help?

SUBJECT AREAS IDEAS

- Social Studies: Girls in Pakistan sometimes decorate their hands with henna designs. Research these designs, the henna plant and the history and tradition of the art form. Trace your hand on a piece of paper. Make your own henna designs on the traced form.
- History: There have been refugees throughout the ages around the world. What other groups of refugees can you learn about from other parts of the world and other periods in history? What is the difference between a refugee and an immigrant?
- Geography: Find Afghanistan and Pakistan on a map. Think about how far refugees would have to walk from one country to the other. Would they have to pass over mountains? Rivers? What are the main cities of these two countries? What is the weather like in these countries?
- Art: Everyone in the class can design a sandal and draw a matching one. Cut the two sandals apart. Mix them up. Can you match the sandals? Make a pattern for this activity by tracing a sandal.
- Science: Environment and recycling. I have seen many people in third world countries wearing sandals made out of old tires. If you Google "sandals made from tires" you will find several sites that show how to use old tires to make a pair of sandals. See www.hollowtop.com/sandals.htm for instructions on how to make a sandal out of a tire. There are other websites that talk about making tire sandals too.



Refugees in a refugee camp in Pakistan.

- Language arts: Write a story about a time you helped a friend or a friend helped you. Or think of a time that you saw someone who needed help but you did not do anything to help. Tell what you would do differently.
- Religion/culture: Lina and Feroza are Muslim. Look up this religion on line or at the library. What are some of the beliefs of the Muslim religion? The Koran is the book that Muslims use to worship. Lina and Feroza mention the holy month of Ramadan. This is an important part of the Muslim culture. Find a practicing Muslim in your community and interview him or her about Ramadan. What are some other major religions in the world? How are they similar? How are they different? Lina and Feroza must keep their heads covered with a scarf when they are in public. Why do you think this is important in their religion and culture? Try wearing a scarf or head cover for a day. How did it feel?

FOR MORE INFORMATION

Karen Williams is available to speak and share her stories on this and many of her other books. Please visit www.karenlynnwilliams.com for more information on the books and other information about Karen.